



Spiral Socks

MEILENWEIT 8-PLY

BASIC INSTRUCTIONS



Spiral socks (socks without a heel)

Spiral socks are a perfect project for beginners since they are worked without a heel and fit perfectly.

These basic instructions are for size 38/39 socks worked in Lana Grossa **Meilenweit 8-ply** (315 m/150 g) on size 4.5 – 5 mm needles. Please refer to the size chart for additional sizes.

CAST-ON:

Cast on 40 sts. Arrange sts evenly on 4 needles = 10 sts per needle. Place beg of rnd marker and join for working in rnds. Beg of rnd is between first and 4th needle at back of sock.

LEG AND FOOT:

Rnds 1 – 4: * K2, p2; rep from * around.

Rnds 5 – 8: P1, * k2, p2; rep from * around, end k2, p1.

Rnds 9 – 12: * P2, k2; rep from * around.

Rnds 13 – 16: K1, * p2, k2; rep from * around, end p2, k1.

Rep rnds 1 – 16 for desired length.

SHAPED TOE:

Worked in St st.

Dec rnd 1: Knit to last 3 sts on first needle, k2tog, knit last st on first needle; knit first st on 2nd needle, sl 1 kwise, k1, pass slipped st over knitted st, knit to last 3 sts on 3rd needle, k2tog, knit last st on 3rd needle; knit first st on 4th needle, sl 1 kwise, k1, pass slipped st over knitted st, work to end. Rep dec rnd every other rnd 4 times, then every rnd until 8 sts rem. Work all other rnds even in St st. Cut yarn, draw yarn end twice through rem 8 sts and pull tight. Weave in ends.

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GAUGE SWATCH

Before you begin make a gauge swatch. Use the recommended needles, yarns and pattern stitch for your gauge swatch. It should measure approx. 12 cm x 12 cm. Cast-on and bind-off rows, as well as selvage stitches should not be included in the measurement. Pin your swatch and block it as you would

the finished pieces of the garment. Count stitches and rows over 10 cm. If your gauge swatch is too small, switch to larger needles. If your gauge swatch is too big, switch to smaller needles.

Size chart for spiral socks worked in Meilenweit 8-ply 315m/150g

Gauge: 18 sts and 25 rows/rnds = 10 x 10 cm

Size	22/23	24/25	26/27	28/29	30/31	32/33
Sts to cast on / sts per needle	28/7	32/8	32/8	32/8	32/8	36/9
Toe decs on 3rd rnd after first dec rnd			1x	1x	1x	
Every 3rd rnd				1x	1x	
Every other rnd	2x	1x	2x	1x	1x	4x
Every rnd	2x	4x	2x	2x	2x	2x
Total length of foot in cm	14,5	15,5	17	18	19,5	21

Size	34/35	36/37	38/39	40/41	42/43	44/45	46/47
Sts to cast on / sts per needle	36/9	40/10	40/10	44/11	44/11	48/12	48/12
Toe decs on 3rd rnd after first dec rnd						1x	1x
Every 3rd rnd						1x	
Every other rnd	4x	4x	4x	4x	4x	2x	3x
Every rnd	2x	3x	3x	4x	4x	4x	5x
Total length of foot in cm	22	23,5	25	26,5	27,5	28,5	30